

Saraland Early Education Center

October 2020



Breakfast

- 1st Sausage Biscuit
- 2nd Hot Cereal, Breakfast Pizza
- 5th Pancakes, Sausage
- 6th Sausage Biscuit
- 7th Hot Cereal, Eggs, Cheese Toast
- 14th Hot Cereal , Eggs, Cheese Toast
- 15th Sausage Biscuit
- 16th Hot Cereal, Breakfast Pizza
- 19th Waffles, Sausage
- 20th Chicken Biscuit
- 21st Hot Cereal, Breakfast Pizza
- 22nd Sausage Biscuit
- 23rd Grits, Pancake on a Stick
- 26th Waffles, Sausage
- 27th Chicken Biscuit
- 28th Grits, Eggs, Cheese Toast
- 29th Sausage Biscuit

Mon	Tue	Wed	Thu	Fri
			1 Chicken, Green Beans w/ Potatoes, Fresh Veggies	2 Pizza, Corn, Fresh Veggies, Cookie
5 Chicken Bites, Green Beans, Fresh Veggies	6 Chicken Alfredo Broccoli, Fresh Veggies	7 Corndog, Corn, Fresh Veggies	8 Teacher Work Day	9 Teacher Work Day
12 Fall Break	13 Fall Break	14 BBQ Rib Sandwich, Baked Beans, Oven Potatoes, Fresh Veggies	15 Nachos w/ Cheese, Corn, Black Bean Dip, Fresh Veggies	16 Asian Chicken, Broccoli, Vegetable Rice, Fresh Veggies, Roll
19 Pizza, Corn, Fresh Veggies, Pudding	20 Spaghetti w/ Meatballs, Green Beans, Fresh Veggies	21 Chicken Noddle Soup, Grilled Cheese, Fresh Veggies	22 Sloppy Joe, Chips, Baked Beans	23 Gumbo w/ Rice Or Corndog, Corn, Fresh Veggies, Cinnamon Roll
26 Chili Crispito w/ Cheese, Corn, Black Bean Dip, Fresh Veggies	27 Potato Soup, Grilled Cheese, Broccoli, Fresh Veggies	28 Salisbury Steak w/ gravy, Potatoes, Fresh Veggies, Roll	29 Chicken Sandwich, Chips, Fresh Veggies, Cookie	30 Learn-at-Home Day

Offered Daily with Meals:
 Cereal & Toast with Breakfast
 Lunch & Breakfast: Unflavored
 1% Low Fat, Unflavored Skim,
 Fat Free Flavored Milk.
 Fruit & Juice served daily.
 Alternate Lunch Meal:
 Chef Salad
 Menu subject to change due to deliveries.

This institution is an equal opportunity provider