

Saraland Early Education Center November 2021



Breakfast

- 1st Pancakes, Sausage
- 2nd Chicken Biscuit
- 3rd Hot Cereal, Cheese
Toast, Egg
- 4th Sausage Biscuit
- 5th Hot Cereal, Pancake
On a Stick
- 8th French Toast, Sausage
- 9th Chicken Biscuit
- 10th Hot Cereal, Bacon,
Egg Croissant
- 12th Hot Cereal, Pancake
On a Stick
- 15th Pancakes Sausage
- 16th Chicken Biscuit
- 17th Hot Cereal, Egg,
Cheese Toast
- 18th Sausage Biscuit
- 19th Hot Cereal, Pancake
On a Stick
- 29th French Toast, Sausage
- 20th Chicken Biscuit
- 1st Hot Cereal, Bacon &
Egg Croissant
- 2nd Sausage Biscuit
- 3rd Hot Cereal, Pancake
On a Stick

Mon	Tue	Wed	Thu	Fri
1 Chicken Bites, Green Beans, Fresh Veggies, Roll, Animal Cookies	2 Lasagna, Broccoli, Fresh Veggies, Roll	3 Hamburger, Oven Potatoes, Baked Beans, Fresh Veggies	4 Nachos w/ Cheese, Corn, Black Bean Dip, Fresh Veggies	5 Stuff Crust Pepperoni Pizza, Broccoli, Fresh Veggies
8 Chicken Sandwich Oven Potatoes, Mixed Veggies, Fresh Veggies	9 Potato Soup, Broccoli, Cheese Stick, Fresh Veggies, Brownie	10 Meatball Sub, Oven Potatoes, Green Beans, Fresh Veggies	11 Veteran's Day	12 Gumbo w/Rice or Corndog, Corn, Potato Salad, Fresh Veggies, Cinnamon Roll
15 Italian Cheese Bread w/ Sauce, Green Beans, Fresh Veggies	16 Corndog, Corn, Fresh Veggies, Chips	17 Thanksgiving Dinner	18 Taco Soup w/ Cheese & Chips, Fresh Veggies	19 Mozzarella Pizza, Corn, Fresh Veggies, Pudding
22	23	24	25	26
Thanksgiving Holidays				
29 Hot Pocket, Oven Potatoes, Mixed Veggies, Fresh Veggies	30 Hot Dog w/ Chili & Cheese, Oven Potatoes, Baked Beans, Fresh Veggies	1 Chicken Quesadilla w/ Cheese, Corn, Black Bean Dip, Fresh Veggies	2 Salisbury Steak w/ Gravy, Creamed Potatoes, Peas, Cornbread	3 Mexican Pizza, Broccoli, Fresh Veggies

Offered Daily with Meals:
Cereal & Toast with Breakfast
Lunch & Breakfast: Unflavored
1% Low Fat, Unflavored Skim,
Fat Free Flavored Milk.
Fruit & Juice served daily.
Alternate Lunch Meal:
Chef Salad
Menu subject to change due to deliveries.