

Saraland Early Education Center November 2023



Breakfast

- 1st Hot Cereal, Breakfast Pizza
- 2nd Sausage Biscuit
- 3rd Hot Cereal & Sausage Bites
- 6th Pancakes & Sausage
- 7th Steak Biscuit & Gravy
- 8th Hot Cereal, Breakfast Pizza
- 9th Sausage Biscuit
- 13th Waffles & Sausage
- 14th Steak Biscuit & Gravy
- 15th Hot Cereal, Breakfast Pizza
- 16th Sausage Biscuit
- 17th Hot Cereal, Pancake On a Stick
- 27th Pancakes & Sausage
- 28th Steak Biscuit & Gravy
- 29th Hot Cereal, Breakfast Pizza
- 30th Sausage Biscuit
- 1st Hot Cereal, Pancake On a Stick

Mon	Tue	Wed	Thu	Fri
		1 Chicken Curry, Green Beans, Fresh Vegetables, Roll	2 Nachos w/ Cheese, Refried Beans, Mexican Rice, Fresh Vegetables	3 Chicken Alfredo, Broccoli, Fresh Vegetables
6 Corndog, Oven Potatoes, Broccoli, Fresh Vegetables	7 Chicken Bites, Green Beans, Fresh Vegetables	8 Turkey, Green Beans, Fresh Vegetables, Roll, Cake	9 Pizza, Corn, Fresh Vegetables, Cookie	10 Veteran's Day
13 Chili Con Carne, Coleslaw, Grill Cheese, Fresh Vegetables	14 Hamburger, Oven Potatoes, Broccoli, Fresh Vegetables	15 Chili Crisпитos w/ Cheese, Corn, Black Bean Dip, Fresh Vegetables	16 Spaghetti, Green Beans, Fresh Vegetables, Pudding	17 Pizza, Corn, Fresh Vegetables
20	21	22	23	24
Thanksgiving Holidays				
27 Cheese Sticks w/ Sauce, Corn, Fresh Vegetables, Cookie	28 Cheesy Meatballs Green Beans, Italian Noodles, Fresh Vegetables	29 Hot Dog w/ Chili & Cheese, Coleslaw Baked Beans, Fresh Vegetables	30 Nachos w/ Cheese, Corn, Black Beans, Fresh Vegetables	1 Chicken Sandwich Oven Potatoes, Broccoli, Fresh Vegetables

Offered Daily with Meals:
 Cereal & Toast with Breakfast
 Lunch & Breakfast: Unflavored
 1% Low Fat, Unflavored Skim,
 Fat Free Flavored Milk.
 Fruit & Juice served daily.
 Alternate Lunch Meal:
 Chef Salad
 Menu subject to change due to deliveries.