

Saraland Early Education Center

May 2023



Breakfast

- 1st Pancake & Sausage
- 2nd Chicken Biscuit
- 3rd Hot Cereal, Egg,
Cheese Toast
- 4th Sausage Biscuit
- 5th Hot cereal &
Pancake on a Stick
- 8th Waffles & Sausage
- 9th Chicken Biscuit
- 10th Hot Cereal, Egg
Cheese Toast
- 11th Sausage Biscuit
- 12th Hot Cereal,
Breakfast Pizza
- 15th Pancake & Sausage
- 16th Chicken Biscuit
- 17th Hot Cereal, Egg,
Cheese Toast
- 18th Sausage Biscuit
- 19th Hot Cereal,
Breakfast Pizza
- 22nd Waffles & Sausage
- 23rd Chicken Biscuit
- 24th Hot Cereal, Egg,
Cheese Toast

Mon	Tue	Wed	Thu	Fri
1 Pizza, Corn, Fresh Vegetables, Pudding	2 Italian Cheese Bread, Italian Mixed Vegetables, Fresh Vegetables	3 Hot Dog w/Chili & Cheese, Oven Potatoes, Baked Beans, Coleslaw	4 Nachos w/ Cheese, Corn, Black Beans, Fresh Vegetables	5 Gumbo w/ Rice or Corndog, Corn, Potato Salad, Fresh Vegetables, Cookie
8 Sub Sandwich, Potato Tots, Broccoli, Fresh Vegetables	9 Chicken Bites, Green Beans, Fresh Vegetables, Roll	10 Chili Crispito, Corn, Black Beans, Fresh Vegetables, Pudding	11 Chicken Nachos w/ Cheese, Corn, Black Beans, Fresh Vegetables	12 Sloppy Joe, Oven Potatoes, Baked Beans, Fresh Vegetables
15 Chicken Sandwich, Oven Potatoes, Mixed Vegetables, Fresh Vegetables	16 Pizza, Corn Fresh Vegetables, Pudding	17 Chicken Alfredo, Broccoli, Fresh Vegetables, Roll	18 Spaghetti, Green Beans, Fresh Vegetables, Roll	19 Sub Sandwich, Potato Tots, Broccoli, Fresh Vegetables
22 Corndog, Oven Potatoes, Mixed Vegetables, Fresh Vegetables	23 Chicken Bites, Green Beans, Fresh Vegetables, Roll	24 Hamburger, Baked Beans, Fresh Vegetables, Chips	25 Pizza, Corn <u>Early Dismissal</u>	26 Teacher Work Day

Offered Daily with Meals:
Cereal & Toast with Breakfast
Lunch & Breakfast: Unflavored
1% Low Fat, Unflavored Skim,
Fat Free Flavored Milk.
Fruit & Juice served daily.
Alternate Lunch Meal:
Chef Salad
Menu subject to change due to deliveries.