

Saraland Early Education Center

March 2023



Breakfast

- 1st Hot Cereal, Egg, Cheese Toast
- 2nd Sausage Biscuit
- 3rd Hot Cereal & Pancake on a Stick
- 6th Pancakes & Sausage
- 7th Chicken Biscuit
- 8th Hot Cereal, Egg, Cheese Toast
- 9th Sausage Biscuit
- 13th French Toast & Sausage
- 14th Chicken Biscuit
- 15th Hot Cereal, Egg, Cheese Toast
- 16th Sausage Biscuit
- 17th Hot Cereal & Pancake on a Stick
- 20th Waffles & Sausage
- 21st Chicken Biscuit
- 22nd Hot Cereal, Egg, Cheese Toast
- 23rd Sausage Biscuit
- 24th Hot Cereal, Breakfast Pizza
- 27th Pancakes & Sausage
- 28th Chicken Biscuit
- 29th Hot Cereal, Egg, Cheese Toast
- 30th Sausage Biscuit
- 31st Hot Cereal & Pancake on a Stick

Mon	Tue	Wed	Thu	Fri
		1 Hamburger, Oven Potatoes, Baked Beans, Fresh Vegetables	2 Taco Soup w/ Cheese, Chips, Fresh Vegetables, Pudding	3 Stuffed Crust Pizza w/ Pepperoni, Corn, Fresh Vegetables
6 Chili Crispitto w/ Cheese, Corn, Black Beans, Fresh Vegetables	7 Spaghetti, Green Beans, Fresh Vegetables, Roll, Cookie	8 Chicken Taco w/ Cheese, Corn, Black Beans, Fresh Vegetables	9 Corndog, Oven Potatoes, Baked Beans, Fresh Vegetables, Pudding	10 <u>Teacher Work Day</u>
13 Chicken Bites, Green Beans, Fresh Vegetables, Roll	14 Breaded Beef Sticks, Creamed Potatoes, Peas, Fresh Vegetables, Cornbread	15 Hot Dog w/ Chili & Cheese, Oven Potatoes, Baked Beans, Fresh Vegetables	16 Chicken Alfredo, Broccoli, Fresh Vegetables, Roll, Cookie	17 Gumbo w/ Rice or Corndog, Corn, Potato Salad, Fresh Vegetables
20 Pizza, Corn, Fresh Vegetables, Pudding	21 BBQ Sandwich, Oven Potatoes, Baked Beans, Fresh Vegetables	22 Meatball Sub, Oven Potatoes, Italian Mixed Vegetables, Fresh Vegetables	23 Chicken, Pasta, Green Beans, Fresh Vegetables, Roll	24 Chili Crispitto w/ Cheese, Corn, Black Beans, Fresh Vegetables
27 Hamburger, Oven Potatoes, Baked Beans, Fresh Vegetables	28 Chicken Bites, Green Beans, Fresh Vegetables, Roll	29 Chicken Sandwich, Oven Potatoes, Mixed Vegetables, Fresh Vegetables	30 Vegetable Beef Soup, Grilled Cheese, Fresh Vegetables, Roll	31 Asian Chicken, Vegetable Fried Rice, Broccoli, Fresh Vegetables

Offered Daily with Meals:
Cereal & Toast with Breakfast
Lunch & Breakfast: Unflavored
1% Low Fat, Unflavored Skim,
Fat Free Flavored Milk.
Fruit & Juice served daily.
Alternate Lunch Meal:
Chef Salad
Menu subject to change due to deliveries.