

Saraland Early Education Center January 2022



Breakfast

- 5th Hot Cereal, Egg, Bacon, Croissant
- 6th Sausage Biscuit
- 7th Hot Cereal, Breakfast Pizza
- 10th Pancake & Sausage
- 11th Chicken Biscuit
- 12th Hot Cereal, Breakfast Pizza
- 13th Sausage Biscuit
- 14th Hot Cereal, Omelet, Croissant
- 18th Chicken Biscuit
- 19th Hot Cereal, Omelet, Croissant
- 20th Sausage Biscuit
- 21st Hot Cereal, Breakfast Pizza
- 24th French Toast & Sausage
- 25th Chicken Biscuit
- 26th Hot Cereal, Breakfast Pizza
- 27th Sausage Biscuit
- 28th Hot Cereal, Bacon & Egg Croissant
- 31st Pancakes & Sausage
- 1st Chicken Biscuit
- 2nd Hot Cereal, Omelet, Croissant
- 3rd Sausage Biscuit
- 4th Hot Cereal, Breakfast Pizza

Mon	Tue	Wed	Thu	Fri
3 <u>Teacher Work Day</u>	4 <u>Teacher Work Day</u>	5 Potato Soup, Cheese Sticks or Crackers, Broccoli, Fresh Veggies	6 Nachos w/ Cheese, Corn, Black Bean Dip, Fresh Veggies	7 Chicken Sandwich Mixed Veggies, Oven Potatoes, Fresh Veggies
10 Chicken Bites, Green Beans, Fresh Veggies	11 Hot Dog w/ Chili & Cheese, Baked Beans, Oven Potatoes, Coleslaw	12 Chicken Quesadilla w/ Cheese, Corn, Black Bean Dip, Fresh Veggies	13 Salisbury Steak w/ Gravy, Potatoes, Lima Beans, Fresh Veggies, Cornbread	14 Pizza, Broccoli, Fresh Veggies, Cookie
17 <u>Holiday</u>	18 Meatball Sub, Broccoli, Oven Potatoes, Fresh Veggies	19 BBQ Sandwich, Baked Beans, Chips, Coleslaw, Fresh Veggies	20 Spaghetti, Green Beans, Fresh Veggies	21 Gumbo w/ Rice or Corndog, Corn, Potato Salad, Fresh Veggies, Cookie
24 Asian Chicken, Fried Rice, Broccoli, Fresh Veggies	25 Pizza, Corn, Fresh Veggies, Pudding	26 Chicken, Broccoli & Cheese Rice, Fresh Veggies, Roll	27 Lasagna Roll, Green Beans, Fresh Veggies, Roll	28 Hot Pocket, Broccoli, Oven Potatoes, Fresh Veggies
31 Chicken Bites, Green Beans, Fresh Veggies, Cookie	1 Chicken Vegetable Soup, Grilled Cheese, Fresh Veggies	2 Hot Dog w/ Chili & Cheese, Baked Beans, Oven Potatoes, Coleslaw	3 Chili, Grilled Cheese, Fresh Veggies, Pudding	4 Hamburger, Baked Beans, Oven Potatoes, Fresh Veggies

Offered Daily with Meals:
Cereal & Toast with Breakfast
Lunch & Breakfast: Unflavored
1% Low Fat, Unflavored Skim,
Fat Free Flavored Milk.
Fruit & Juice served daily.
Alternate Lunch Meal:
Chef Salad
Menu subject to change due to deliveries.