

Saraland Early Education Center December 2022



Breakfast

- 1st Sausage Biscuit
- 2nd Hot Cereal & Egg
with Cheese Toast
- 5th Waffles & Sausage
- 6th Chicken Biscuit
- 7th Hot Cereal & Egg
with Cheese Toast
- 8th Sausage Biscuit
- 9th Hot Cereal &
Breakfast Pizza
- 12th Pancakes & Sausage
- 13th Yogurt & Muffin
- 14th Hot Cereal &
Breakfast Pizza
- 15th Sausage Biscuit
- 16th No Breakfast

Mon	Tue	Wed	Thu	Fri
			1 Taco Soup w/ Chips, Cheese, Fresh Veggies, Cookie	2 Chicken Sandwich, Oven Potatoes, Broccoli, Fresh Veggies
5 Pizza Crunches w/ Sauce, Corn, Fresh Veggies, Pudding	6 Lasagna Roll, Green Beans, Fresh Veggies, Roll	7 Chicken Alfredo, Broccoli, Fresh Veggies, Roll	8 Steak Nuggets Creamed Potatoes w/ Gravy, English Peas, Roll	9 Gumbo w/ Rice or Corndog, Corn, Potato Salad, Red Velvet Cake
12 Chicken Sandwich, Oven Potatoes, Broccoli, Fresh Veggies	13 Hot Dog w/ Chili, Oven Potatoes, Baked Beans, Coleslaw, Fresh Veggies	14 Chili Crispito w/ Cheese, Corn, Black Beans, Fresh Veggies	15 Chicken Bites, Green Beans, Fresh Veggies, Roll	16 Pizza, Corn <u>Early Dismissal</u>
19	20	21	22	23
Happy Holidays				
26	27	28	29	30
Happy Holidays				

Offered Daily with Meals:
Cereal & Toast with Breakfast
Lunch & Breakfast: Unflavored
1% Low Fat, Unflavored Skim,
Fat Free Flavored Milk.
Fruit & Juice served daily.
Alternate Lunch Meal:
Chef Salad
Menu subject to change due to deliveries.