

Saraland Early Education Center

August 2021



Breakfast

- 9th Cereal & Toast
- 10th Yogurt, Breakfast Bar
- 11th Hot Cereal, Breakfast
Pizza
- 12th Sausage Biscuit
- 13th Hot Cereal & Pancake
On a Stick
- 16th Pancakes & Sausage
- 17th Yogurt, Breakfast Bar
- 18th Hot Cereal, Sausage
Bites
- 19th Sausage Biscuit
- 20th Hot Cereal, Omelet,
Cheese Toast
- 23rd Waffles & Sausage
- 24th Yogurt, Breakfast Bar
- 25th Hot Cereal, Breakfast
Pizza
- 26th Sausage Biscuit
- 27th Hot Cereal, Pancake on
A Stick
- 30th French Toast &
Sausage
- 31st Yogurt, Breakfast Bar
- 1st Hot Cereal, Sausage
Bites
- 2nd Sausage Biscuit
- 3rd Hot Cereal, Omelet,

Mon	Tue	Wed	Thu	Fri
2	3	4	5	6
9 Pizza, Corn, Fresh Veggies	10 Chicken Bites, Green Beans, Fresh Veggies	11 BBQ Sandwich, Pulled Pork or Rib Portion, Baked Beans, Fresh Veggies, Chips	12 Spaghetti, Green Beans, Fresh Veggies Puoding	13 Hot Pocket w/ Marinara Sauce, Broccoli, Fresh Veggies
16 Chicken Strips w/ Gravy, Potatoes, Broccoli, Fresh Veggies	17 Hamburger, Oven Potatoes, Baked Beans, Fresh Veggies	18 Chili Crispito w/ Cheese, Corn, Black Beans, Fresh Veggies	19 Salisbury Steak w/ Gravy, Potatoes, Peas & Carrots, Fresh Veggies, Roll, Cookie	20 Hot Dog w/ Chili & Cheese, Baked Beans, Fresh Veggies Chips
23 Meatball Sub, Green Beans, Oven Potatoes, Fresh Veggies	24 Pizza, Corn, Fresh Veggies, Puoding	25 Chicken Sandwich, Oven Potatoes, Broccoli, Fresh Veggies	26 Beef Stroganoff, Green Beans, Fresh Veggies	27 Gumbo w/ Rice Or Corndog, Corn, Potato Salad, Fresh Veggies, Cinnamon Roll
30 Chicken Bites, Green Beans, Fresh Veggies	31 Chili Crispito w/ Cheese, Corn, Black Beans, Fresh Veggies	1 Hot Dog w/ Chili & Cheese, Oven Potatoes, Baked Beans, Coleslaw, Fresh Veggies	2 Beef Tips w/ Gravy, Potatoes, Peas, Fresh Veggies, Cornbread	3 Pizza, Corn, Fresh Veggies

Offered Daily with Meals:
Cereal & Toast with Breakfast
Lunch & Breakfast: Unflavored
1% Low Fat, Unflavored Skim,
Fat Free Flavored Milk.
Fruit & Juice served daily.
Alternate Lunch Meal:
Chef Salad
Menu subject to change due to deliveries.